



## DR. SHAHIDA MAQBOOL

BDS, PG Dip, LDS, MFDS, MFGDP

General Dentist

London, United Kingdom

<https://www.dentilinks.com/md/shahidamaqbool>

Dr. Shahida Maqbool, BDS, PG Dip, LDS, MFDS, MFGDP, is General Dentist. She specialises in; minimal invasive dentistry, endodontic, pediatric dentistry, periodontology, minor oral surgery, veneers, bleaching, emergencies dental treatment, She also has expertise in neuralgias as well as jaw joint problems including clicking ,locking & muscle spasm, successfully treated ulcers, white and red patches of oral cavity ,routine screening for oral cancer and diagnosis.

### Personal Statement:

I believe one of my strongest qualities is my communication skills both with patients and colleagues, this has proved successful in obtaining an insight and understanding in to my patient's need .I like my patients to be thoroughly involved about their condition and treatment options enabling them to choose the most optimal treatment. Always looking forward to learn more to enhance my skills & knowledge whenever I get any chance. I am interested in many aspects of dentistry however academic, management and cosmetic dentistry is the field I am keen to explore further. I consider myself fortunate enough to have diverse exposure of prestigious institutes in London and Saudi Arabia which helped me to learn clinical expertise.

### Professional Registration

Pakistan Medical and Dental Council	3065- D
Saudi Council for Health Specialties	17501
GDC (Eligible for temporary registration)	R /1/5/ DJ

## Qualifications

PG Dip

Dental Clinical Sciences (distinction) 13 Queen Mary University Of London England 2012-

MFGDP Royal College Of Surgeons England 2014

MFDS 2017 Royal College Of Surgeons Edinburgh

LDS1 Royal College Of Surgeons England 2014

B.D.S Punjab University Lahore Pak 1996

O-Levels F.G Public School Mangla Cantt Pak 1988

A-Levels F.G Inter College Mangla Cantt Pak 1991

## Work Experience

My skills includes minimal invasive dentistry, endodontic, pediatric dentistry, periodontology, minor oral surgery, veneers, bleaching, emergencies dental treatment, I have expertise in neuralgias as well as jaw joint problems including clicking ,locking & muscle spasm, successfully treated ulcers, white and red patches of oral cavity ,routine screening for oral cancer and diagnosis.

Strongly believe in giving back to the community and has volunteered in most of the community based projects organized by my current institution, supervising cross infection control department alongside implementing clinical cross infection protocols.

Senior Registrar Oral medicine & co-supervisor of MSc in Oral Medicine	Islamabad Medical & Dental Hospital Islamabad	2015- to date
Dentist	TDC Mirpur A.K	Mar 08 - Oct 12
Lecturer	College of medical technology, Mirpur A.K	Dec 11 - Mar 12
Dentist	King Khalid Intl Airport Hospital Riyadh	Nov 07 - Feb 08
Resident	Al-Iman General Hospital Riyadh	Jan 04 - Jul 07
Resident	KADC National Guard Hospital Riyadh	Jan 03 - Dec 03
Resident	Al-Iman General Hospital Riyadh	May 00 - Jun 02

Dental Surgeon	D.H.Q Mirpur (A-K) Pak	Nov 98 – May 00
Internee	Riyadh Medical Complex	Feb98-Oct 98
House surgeon	Punjab Dental Hospital Pak	June 97-Jan98

Actively involved in evidence based research protocols with latest research trends, co supervising a research about salivary bio markers IL-8 as a diagnostic predictor of oral cancer in smokers and naswar users. Currently I am serving as Senior Registrar in Oral medicine at Islamabad Medical & Dental Hospital Islamabad, also supervising postgraduate Programme MSc in Oral medicine.

### Continuous Professional Development

LDS manikin course	RCS England	London	Jan 19
Certificate of Antimicrobial Stewardship BAOS UK		UK	Jan 19
OSCES/UNSEEN/ME 2 day course	Dr.Omair Javed	London	Nov 18
LDS 2 manikin course	Dr. Omair Javed	London	Nov 18
Implant dentistry	Barnet Hospital	London	Apr 12
Oral Dental Infections	The Barts & London Royal Hospital	London	Apr 12
Child Protection	Whipps Cross Hospital	London	Apr 12
BLS	National Guard Hospital	Riyadh	Apr 07
Clinical Research Course	National Guard Hospital	Riyadh	May 07
Dental Implant workshop	King Faisal Hospital	Riyadh	Oct 07
Dentistry Symposium	Security Forces Hospital	Riyadh	Jun 07
Radiation Protection in Dentistry	Saudi Dental Society	Riyadh	Jun 06
MFDS Revision course	RCS England	London	Aug 05
Thames Tutorial MFDS	RCS England	London	Jul-Oct 05
MFDS Study Day	RCS England	London	Mar 05
Amalgam Usage & Safety	Saudi Dental Society	Riyadh	Nov 06
Residency Lectures	KADC (National Guard Hospital)	Riyadh	Jan - Dec03
FDS Revision course	Military Hospital	Riyadh	Feb 97

## Skills and Interests

Fluent in Urdu, English and Arabic.

Familiar with Word, Excel and PowerPoint.

I enjoy playing tennis, swimming and going to gym.

I enjoy travelling and have backpacked around Middle East and Edinburgh.

I like listening to music and watching movies.